

Arsenal Ladies / Musashigaoka Soccer Camp 2010



SCHEDULE

Queenswood school												
Thurs 5th Aug	Fri 6th Aug	Sat 7th Aug	Sun 8th Aug	Mon 9th Aug	Tues 10th Aug	Wed 11th Aug	Thurs 12th Aug	Fri 13th Aug	Sat 14th Aug	Sun 15th Aug	Mon 16th Aug	Tues 17th Aug
8:30 Meeting 10:55 Dep Narita BA006 ↓ 14:45 Arr LHR Dinner 1900	07:45 BF 09:45-11:45 Coaching(Kawai) 12:30 Lunch 15:00 - 17:00 Coaching (Kawai) 18:30 Dinner	07:45 BF 09:45-11:45 Coaching Arsenal coach 12:30 Lunch 15:00 - 17:00 Coaching Arsenal coach 18:00 Dinner	07:45 BF 8:00 Depart QW 9:30 Stadium tour Camden Pack Lunch 15:00 Kick off Community shield Match late 1930 Dinner	07:45 BF 09:45-11:45 Coaching Arsenal coach 12:30 Lunch 1630 pre match meal 18:00 Match v Watford(Queens) 20.15 Buffet pav	07:45 BF 09:45-11:45 Meeting(Kawai) 12:00 - 12:45 Lecture 12:45 Lunch 15:00 - 17:00 Coaching Arsenal coach 18:30 Dinner	07:45 BF 09:45-11:45 Coaching Arsenal coach 12:30 Lunch 15:00 - 17:00 Coaching Arsenal coach 18:00 Dinner	07:45 BF 09:45-11:45 Coaching Arsenal coach 12:30 Lunch 1630 pre match meal 18.00 Match v Arsenal (Queens) 21.00 Buffet dining hall	07:45 BF 09:45-11:45 Meeting(Kawai) 12:30 Lunch 15:00 - 17:00 Coaching Arsenal coach Dinner Take away at pavilion	07:45 BF 9:00 Depart QW 11:00 kick off v Barnet (Away) Lunch Chinese food Shopping at Brentcross 18:30 Dinner 19:30-20:00 Meeting(Kawai)	07:45 BF Bus 8:30 London sightseeing 11:30 London eye shopping 1800 Dinner 19:30-21:00 Coaching(Kawai)	07:45 BF 9:30 Depart QW 13:40 Dep LHR BA005 ↓	9:05 at NRT

NB This schedule may change in the event of unforeseen circumstances

NB1: Coaching (Kawai): Coaching done by Kawai-sensei (not Arsenal coach)

NB2: Coaching :Coaching done by Arsenal coach

BAKEFOOT